

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

Capacity statement



MEER CONTEXT

Children in Middle East and Eastern Europe region face heightened vulnerability, psychological distress, trauma, and social instability due to ongoing crises. MHPSS interventions are critical in cultivating emotional resilience, social cohesion, and well-being among the most vulnerable populations.

World Vision MEER addresses the psychosocial needs of children, families, and communities affected by conflict, displacement, and socio-economic challenges across 16 countries.

TECHNICAL APPROACH

World Vision MEER adopts an integrative, child-centered, and community-based approach to MHPSS prevention and response, recognizing the cross-cutting nature of mental health and psychosocial wellbeing across health, child protection, education, and livelihoods.

Our work is grounded in the IASC MHPSS pyramid, addressing the full spectrum of mental health and psychosocial needs of children and their caregivers. In MEER, we focus on the first 3 layers of the pyramid with limited work at the 4th Specialized Care layer (predominantly present in WV's work in Afghanistan and Iraq contexts).



IASC MHPSS pyramid

MHPSS Dimensions

Child-Centered:

We prioritize children's meaningful participation and integration with education.

Faith-Sensitive:

We partner with faith leaders, recognizing the importance of faith actors engagement.

Trauma-Informed Care:

We develop safety plans, empower survivors, and provide collaborative care.

Localized:

We involve government agencies, local partners and communities to ensure sustainability.

Gender Equality, Disability, and Social Inclusion (GEDSI):

We ensure GEDSI-responsive interventions.

MHPSS MODELS AND APPROACHES



CAREGIVER SUPPORT SKILLS

Structured support sessions to help caregivers manage their emotional well-being while providing care and parenting for their children.



FOCUSED NON-SPECIALIZED SUPPORT

Providing structured, non-clinical psychosocial support through community-based interventions, utilizing evidence-based approaches such as Psychological First Aid (PFA), Problem Management Plus (PM+) and Self-Help Plus (SH+).



MULTIDISCIPLINARY MOBILE TEAMS

Providing mobile psychosocial support to remote and underserved communities, linking children, adolescents and adults at risk to specialized services where needed.



SOCIAL AND EMOTIONAL LEARNING, PSYCHOSOCIAL SUPPORT AND BASIC PSYCHOSOCIAL COUNSELING

integration in schools and school curricula, focusing on emotional regulation, empathy, and positive relationship-building.



CHILD-FRIENDLY SPACES, PLAY AND LEARNING HUBS, AND LIFE IN FULLNESS TOGETHER

centers where children can engage in psychosocial activities, express their emotions, and develop coping skills in a safe environment.

EVIDENCE OF IMPACT

> 2 MILLION

direct project participants of MHPSS interventions in MEER in 2023-2024



>40

MHPSS-focused project and interventions implemented in MEER in 2023-2024

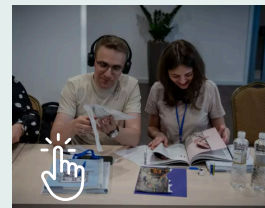
Restoring childhood: Safe havens for Palestinian children to heal and thrive



Psychosocial Support Brings Families Together in Afghanistan



Finding mental health solutions and easing access for Ukrainians through faith leaders

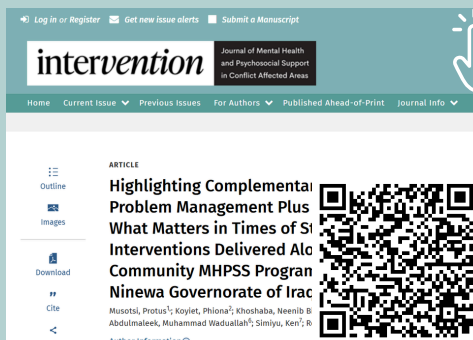


Transforming Lives through Mental Health and Psychosocial Support WV's Interventions in Afghanistan, Iraq, and Lebanon

The women and children of Syria's Widow Camps

Highlighting Complementary Benefits of Problem Management Plus and Doing What Matters in Times of Stress Interventions

Mental health interventions in Ukraine Crisis Response



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